

InSight

Annual Report 2010



2010 Annual Report

Our Commitment Continues...

Despite the lingering effects of the recession in 2010, many of Community Involvement Programs programs continued to grow and develop. The Case Management services continued to expand and now support over 400 persons. Employment Services continue to see graduating students come to our services because of their unique way of matching individuals to employment opportunities.

Renovation of existing houses in our supportive housing program is moving forward with the help of two grants from Hennepin County. The grants will allow CIP to renovate 4 homes and an 8-unit apartment building. By the end of 2011, over half the houses owned by Community Involvement Programs will have been fully renovated.

Community Involvement Programs continued its development efforts. The second annual Partners in Hope Gala was held to raise the profile of our mental health programs.

As always, we want to acknowledge the hard work and continued dedication of all the CIP employees. It is through their efforts that CIP can continue to provide quality supports and services for people with disabilities in our community.

We look forward to meeting the challenges in 2011 as we celebrate our 40th Anniversary.

Sincerely,

Handwritten signature of Julie C. Faulhaber in black ink.

Julie Faulhaber
Chair, Board of Directors

Handwritten signature of John T. Everett in black ink.

John T. Everett
Executive Director



Residential Support Services

Community Involvement Programs provides residential services to individuals with intellectual or developmental disabilities in Hennepin and Pine County. Residential services include services to people living in the community, as well as licensed adult foster care homes. Individuals are encouraged and supported to become participating members of their communities. Staff provide ongoing training and support for developing community living skills, participation in recreation and leisure opportunities, and building relationships with members of the neighborhood. Community

Involvement Programs currently provides services and supports in 5 Adult Foster Care homes in Hennepin County and 6 Adult Foster Care homes in Pine County. Community Involvement Programs also supports 100 participants who live in their own homes.



Case Management Services

In Minnesota, most services for individuals with intellectual disabilities and mental illness are authorized by local counties based on an approved Individual Service Plan or Community Support Plan. Also, persons receiving health care services through a health maintenance organization have their health care needs monitored and organized by a Care Coordinator. In recent years, these entities have contracted with

community-based management/care coordination services. Community Involvement Programs is currently contracted with Hennepin County and Medica to provide case management and care coordination services to 410 individuals. This is a service area where there is anticipated growth as counties and health care organizations continue the trend of contracting with private entities like Community Involvement Programs.

Family Services

The Fiscal Support Entity (FSE) program, which we have been involved with since 2001, experienced another year of sustained growth. We continue to add individuals and families in Ramsey County, as well as other Metro area counties including Anoka, Carver, Dakota, Hennepin, Isanti, Scott, and Wright. We support people who receive funding from the Developmental Disabilities waiver, as well as the CAC (Community Alternative Care) and CADI waivers (Community Alternatives for Disabled Individuals). By the end of 2010, nearly 300 families were using Community Involvement Programs to work with them in managing the Consumer Directed Option of their waived services. In addition, we provide staffing support to 125 families using Personal Support, a more traditional waived service option. Each of the 425 families typically hired two or more employees to provide support. By the end of 2010, Family Services had over 900 employees, including almost 250 fulltime employees. Thirty of those employees were able to access health insurance through their employment at Community Involvement Programs.

Mental Health Services

In 2010, Most departments in Mental Health continued to expand, increasing services to Adults with a Mental Health diagnosis. Psychiatric Home Health Services increased from 250 persons to an average census of 280.

Adult Rehabilitative Mental Health Services:

ARMHS- has continued to grow from 100 people to 140 participants in 2010. Clinical In-Home Services was initiated

in 2010, providing psychotherapy services to people in their homes. Independent Living Skills: ILS, a waived program under the Home and Community based Services, maintained a census of 82, as compared to the previous years average of 75. Mental Health Workers provided support to the 87 individuals living in Shared Housing. We more than doubled the office space available to our employees when the renovations to the Administrative offices

were completed. There are numerous ways to measure success in mental health programs: percentage reduction in hospitalizations, numbers of people whose housing remained stable and the increase in compliance with one's medication regimen. But behind the numbers are stories of perseverance and commitment as we continue to provide services and supports that are recovery-oriented and based on the needs of each person.

“58% of the people we support are in programs that didn’t exist 10 years ago”

~John Everett,
Executive Director

Housing Services

Safe, affordable housing is a vital element to providing stability and security in a person’s life. Knowing you have a place to call home is the cornerstone of one’s life. Without it, it becomes very difficult to find work, maintain your mental health or to pursue your dreams and goals.

Given the difficult financial environment, Community Involvement Programs did not expand its housing program from the current 45 houses, apartment buildings and duplexes we operate. We did continue to focus our efforts on renovations of those houses and expanding supports to tenants. By the end of 2010, we had renovated four homes. Renovation of the four unit small apartment will be completed by the end of 2011.



Employment & Community Supports

Community Involvement Programs’ Employment and Community Supports programs are comprised of 4 individually licensed programs that allow us to meet a broad range of needs for people with disabilities.

The supports provided through Employment Services consist primarily of innovative, employment-focused supports to assist adults with a wide range of disabilities to find and maintain regular employment, at fair wages, as well as developing other meaningful connections in their communities. We take pride in our continued commitment to an Employment First philosophy...that is, we believe that employment should be the first and preferred option for people with disabilities, just as it is for other adults in our society. We work hard to reinforce the expectation that adults with disabilities can and should be contributing members of their communities. In 2010, Bloomington, Northwest and SES Employment programs provided supports to 134 individuals who worked at more than 64 local businesses.

Community Involvement Programs’ MARI program—which stands for Music, Art, Recreation and Inclusion—provides supports to adults with disabilities who have transitioned from their working lives into retirement or who have developed age-related disorders (e.g. early-onset Alzheimer’s disease). The goal of the MARI program is to provide a place where people with disabilities who no longer work feel safe and respected, have their choices honored and, of course, have fun! During 2010, the MARI program supported 26 individuals in their pursuit of health, happiness and active inclusion in the community.



Transportation is a significant barrier to employment and inclusion in the community for people with disabilities. Among the four departments of Employment and Community Supports, we were responsible for providing transportation support and/or coordination to more than 140 individuals throughout 2010. Of those, more than two dozen individuals utilized some form of public transportation on a regular basis.

Development Program

Community Involvement Programs continued its efforts to raise private donations to augment the budget. The second annual Partners in Hope Gala was held in the fall. This event was

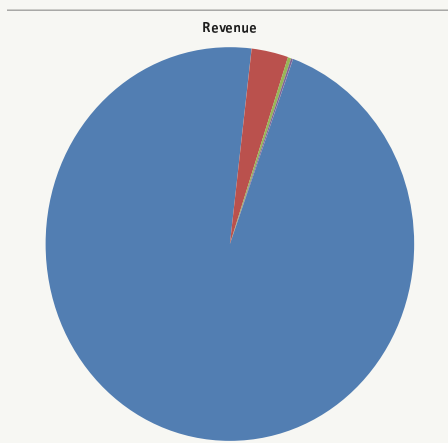
held to spotlight CIP’s Mental Health Program and to raise funds for all of our support services. The Made in the Shade - a walk to benefit participants in our programs also took place in the

fall. Together, both events raised over \$20,000. We look forward to expanding our efforts in 2011.

2010 Financial Highlights

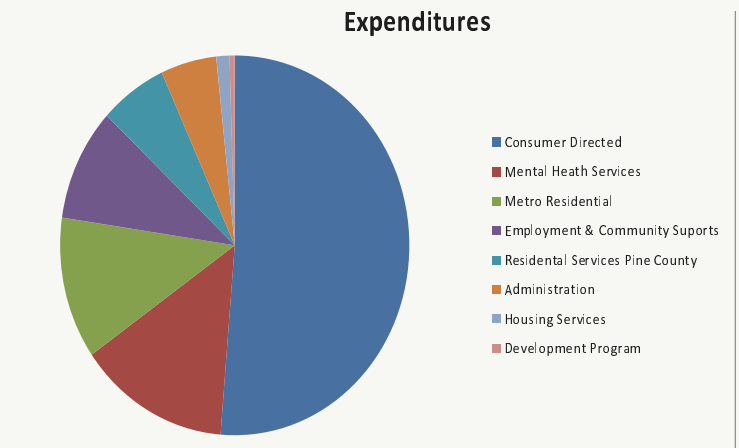
Community Involvement Programs continues to be committed to be good stewards of the resources we are given. We ended this year with a modest surplus..

Sources of Revenue



Government	\$26,861,593
Clients	\$894,661
Contributions	\$82,853
Other	\$45,340
Total	\$27,884,447

Program Area Expenditures



Consumer Directed	\$14,255,850
Mental Health Services	\$3,876,385
Metro Residential	\$3,358,901
Employment & Community Supports	\$2,671,612
Residential Services Pine County	\$1,721,417
Administration	\$1,432,697
Housing Services	\$338,566
Development Program	\$133,365
Total	\$27,788,790

Copies of the audited financial statements are available by calling 612-362-4414.

2010 Donors

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Westminster Presbyterian Church

Builder Circle (\$1,000-\$2,499)

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